



Confidence, Curiosity, and CREATIVITY

Ideas for Follow-up at Home

Confidence

- Practice care of self and the environment
- Greet others looking eye-to-eye
- Give freedom with limits and boundaries
- Have children carry and care for their own belongings
- Give age appropriate responsibilities at home
- Observe and comment – “You found a creative way to do that!”, “I see you used a lot of blue in your picture.”, “I can tell you’ve really been practicing that.” (Praise the effort not the product.)
- Give them time to solve a problem when they are struggling – let them try before stepping in
- _____
- _____

Curiosity

- Let child explore – with a young child this requires slowing down, with an older child this requires extending some freedom
- Don’t answer all their questions or tell them everything you know, wonder with them (this is especially important with older children)
- Be surprised when they “discover” something
- Tell/read part of a story
- _____
- _____

CREATIVITY

- Have simple supplies available such as paper and glue sticks
- Reduce screen time
- Talk about different inventions and how amazing it was to have thought of them
- Have problem solving dinner conversations (you are trying to get this heavy box up the stairs, how could you do it if you were alone? couldn’t use your hands? it was dark?)
- Talk about how you solved/are solving a problem (age-appropriate)
- Have musical instruments available – or make them
- _____
- _____