

ASTHMA CARE PLAN INSTRUCTIONS

Colorado state legislation requires that strict and specific documentation and practices must be in place before staff can administer any medication to your child, for both prescribed and over-the-counter medications. A “**prescribed**” medication is one that you must buy from a pharmacist with a prescription from a physician, for example EpiPens and Albuterol. An “**over-the-counter**” medication can be purchased without a physician's prescription, for example, Tylenol and Benadryl.

Parents and Physicians please read these instructions carefully!

1. The form must be completely filled out, including the reason for the medication. Physician, please fill out every line.
2. The form must be signed by BOTH the parent and the prescribing physician.
3. The medication provided to the school must be EXACTLY what is listed on the form. For example, if your form says “Albuterol”, you cannot provide anything except Albuterol.
4. The medication provided must be in the same “form” as what is listed on the plan. For example, if your plan says “nebulizer”, you must provide us with nebulizer equipment and medications, not an inhaler. If your form indicates your child needs a Spacer, a Spacer MUST be provided with the inhaler medication.
5. If there are specific instructions for the administering of a medication - for example, given with food – the instructions must be written on the plan by the prescribing physician. It cannot be changed by the parents. For example, if you want to include a breath lozenge for your child to help get rid of the taste of an inhaled medication; it MUST be written on the plan by your physician.
6. ALL prescription medications (as opposed to over-the-counter medications) must have the original prescription label on them and/or be in the original container with a pharmacy label on them. Parents can request a pharmacy label for their pharmacy directly.
7. Instructions and information on the forms should be in “lay” terms for non-medical people. **For example as needed every 4 hours for coughing and wheezing.**
8. “As needed” by itself will **not** be accepted on any form.
9. Expiration dates must be followed we are not allowed to give expire medication. If medication date states the medication expires on 9/2011 we can give the medication thru the month of September and on October first we cannot dispense the medication anymore.

Please don't hesitate to call us with ANY questions about medications. Our goal is to keep your child safe!